

WEEK 1**MONDAY****Breakfast**

Poached eggs
Mini waffles
Button mushrooms
Toast
Jam/marmalade
Tea/coffe/hot choc

Lunch

Beef Kerala
Boiled rice with dill
Grilled pork
Sausage swirl
Grilled sausage
Onion Gravy
Glamorgan Sausage

Winter vegetable soup
Garden peas
Sliced Carrots
Creamed potatoes

Salad bar

Sugar baked ham

Dessert

Chocolate pudding
Chocolate sauce
Fresh fruit
Yoghurt

Tea

Turkey pasties

Vegetable crumble
Sliced green beans
Croquette potatoes
Rasperry ripple
Arctic roll
Fresh fruit

TUESDAY**Breakfast**

Contintal breakfast
Cooked meats / salamis
Croissants
Yoghurt
Fresh fruit / berries

Lunch

Roast chicken pie with puff pastry top
Italian style meatballs
Italian sauce
Papadelle pasta in an Italian sauce
Sweetcorn
Broccoli
New potatoes

Salad bar

Warm sausage rolls

Dessert

White chocolate and raspberry cheesecake
Yoghurt and banana

Tea

Pork steaks

Roast quorn fillet
Peppercorn sauce
Grated carrot with parsley
Baked jacket potato
Onion gravy
Yoghurt
Fresh fruit

WEDNESDAY**Breakfast**

Hash browns
Poached eggs
Spaghetti
Toast
Jam/marmalade
Tea/coffee/hot choc

Lunch

Lancashire Hot pot
Red cabbage
Sliced beetroot
Chicken supreme
Peppered chicken
Mexican rice

Winter veg hot pot

Oven roasted courgettes
Country mixed veg

Salad bar

Hot roast beef
Egg mayonnaise

Dessert

Pear belle helene
Jam tarts

Tea

Canneloni bolognaise

Vegetable canneloni
Broccoli florets
Baked jacket potatoes
Chocolate crossaints

Fresh fruit

THURSDAY**Breakfast**

Continental breakfast
Honey roast ham
Pastrami
Cheese portion
Sliced vine tomatoes
Boiled egg
Bakers basket
Pain au chocolat

Lunch

Mexican chilli beef
Pasta shells
Taco shells
Roast turkey
Sage and onion stuffing
Chipolota sausage
Roast gravy
Quorn shepherds pie in a savoury tartlet
Tomato and courgette soup
Cauliflower mornay
Green beans
Creamed potatoes

Salad bar

Tuna fish
Crabsticks

Dessert

Apple crumble
Custard
Chocolate rice krispie cakes

Tea

Southern coated chicken strips
Tortilla wrap with iceberg lettuce,
cheese, red onion and fresh pepper wrap

Chocolate marshmallow fingers

FRIDAY**Breakfast**

Grilled sausage
Scrambled eggs
Tomatoes
Toast
Jam/marmalade
Tea/coffee/choc

Lunch

Ham pepperoni and cheese stromboli
Beef and carrots
Garlic bread slices
Fish rockets and chips
Baked beans
Cabbage
Sweetcorn
Lentil soup
Cheesy pasta with broccoli and peas

Salad bar

Chinese marinade
Pork ribs
Chicken wings

Dessert

Baked rice pudding with jam
Shortbread biscuits

Tea

Sweet chilli chicken

Sweet chill vegetables
Egg noodles
Oriental vegetables

Fresh fruit in strawberry jelly

SATURDAY**Breakfast**

Pancakes & maple syrup
Boiled eggs
Smoked haddock
Toast
Jam/marmalade
Tea/coffee/hot choc

Lunch

Meat and potato pie
Tuna Tostaclos
Creamy veg slice
Crushed carrot and swede
Noisette potatoes

Salad bar

Mexican chicken

Dessert

Pineapple upside down pudding with custard

Tea

Chinese stir fried beef

Quorn and vegetable stir fry

Braised rice

Individual iced bakewell
Medley of fruit
Cream
Fresh fruit

SUNDAY**Brunch**

Grilled bacon
Fried egg
Mushrooms
Grilled tomato

Cereals

Toast

Jam/marmalade
Tea/coffee/hot choc

Indicates Nursery and Infant lunches