

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
cereals / porridge	cereals / porridge	continental breakfast	cereals / porridge	cereals / porridge	cereals / porridge	
poached eggs	fried eggs	boiled eggs/ croissants	potato waffles	grilled bacon	potato letters	
potato smiles	baked beans	american pancakes	scrambled eggs	hash browns	poached eggs	
grilled sausages	hash brown nuggets	chilled grapefruit segments	blackpudding	tomatoes	butterfly kippers	
Toast,jam,marmalade	Toast,jam,marmalade	segments	Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	
Tea,Coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch
soup of the day	soup of the day	soup of the day	soup of the day	soup of the day	soup of the day	fried eggs
						mini waffles
beef madras	lamb hotpot	chilli con carne & rice	pepperpot beef with pasta twists	chicken tagliatelle in a tomato sauce	toad in the hole	mushrooms
saffron rice	red cabbage	ham & pepperoni pizza	roast pork	cottage pie	steak pie	porridge
prawn crackers	american mixed grill	vegetarian pizza	apple and orange sauce	red cabbage	gravy	pork sausages
chicken pie	veggie mixed grill	garden pes	sage stuffing / gravy	stuffed red peppers	vegetarian toad in the hole	
vegetarian lasagne	macedoine of vegetables	noisette potatoes	cauliflower with cheese sauce	broccoli	courgettes	
batons of carrots	courgettes		garden peas	sweetcorn	mixed vegetables	
whole green beans	fresh saute potatoes		parsley potatoes	roast potatoes	new potatoes	
new potatoes						
Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
roast turkey	roast ham	chicken	tuna	roast beef	cheese / sausage rolls	roast ham
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
chocolate pudding	fudge pudding & custard	chocolate flapjacks	mississippi mud pie	battered fruit fritters with golden syrup	apple turnover & custard	butterscotch angel delight
chocolate sauce	pancakes with assorted syrups	baked rice pudding	raspberry sponge & custard	and ice cream	cheese and biscuits	
tropical fruit salad & cream	vanilla ice cream			ice cream		
				pineapple upsidedown cake & custard		
Tea	Tea	Tea	Tea	Tea	Tea	Tea
spaghetti bolognese	southern fried pork steaks, gravy	B.L.T. baguettes	battered sweet n sour chicken	fried eggs	chicken chasseur	roast beef & yorkshire pudding
garlic bread	pasta carbonara	cheese & onion baquettes	saffron rice	baked beans	fried rice	gravy
parmesan cheese	veggie pancakes	noisette potatoes	pasta bake	chipped potatoes	vegetable risotto	sliced carrots
spaghetti napolitan	sliced carrots	sweetcorn	sweet n sour veg	soup of the day	saute potatoes	roast potatoes
soup of the day	creamed potatoes	ravioli	croquettes potatoes			vegetable pasta bake
toffee apple crumble & custard	pears in lime jelly	arctic roll	vanilla slice	chocolate chip pudding & custard	iced fingers	chocolate cake

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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
cereals / porridge	cereals / porridge	cereals / porridge	cereals / porridge	cereals / porridge	cereals / porridge	
scrambled egg	potato waffles	continental breakfast	fried eggs	bubble & squeak	scrambled eggs	
blackpudding	poached eggs	crossaints/ boiled eggs	hash browns	pork sausages	potato smiles	
grilled bacon	baked beans	pancakes	mushrooms	tomatoes	baked beans	
Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	
Tea,Coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch
soup of the day	soup of the day	soup of the day	soup of the day	soup of the day	soup of the day	
lasagne	chicken pasties	roast beef & yorkshire pudding	homemade sausage rolls	fish fingers	beef tacos	mini waffles
garlic bread	beef stroganoff & saffron rice	lancashire hot pot	chicken jalfrezi with	battered haddock & tartare sauce	pasta carbonara	grilled bacon
lamb chop reforme & reforme sauce	savoury cheese slice	veggie hot pot	rice & garnishes	cheese & onion pie	vegetable carbonara	spaghetti hoops
spaghetti milanaise	whole green beans	cauliflower au gratin	papadoms	meat and potato pie	leek & bacon gratin	poached eggs
courgettes	noisette potatoes	sweetcorn	vegetable curry	baked beans	batons of carrots	
sliced carrots		new potatoes	swede	mushy peas	croquette potatoes	
new potatoes			garden peas	steak cut chips		
			creamed potatoes			
Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
roast ham	tuna	roast turkey	roast beef	chicken	roast ham	roast turkey
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
golden syrup sponge	choc chip sponge	toffee apple crumble & cream	banoffi pie	choc and mint pudding	treacle tart	chocolate cake
custard	peppermint sauce	bakewell tart & custard	jam roly poly	with choc sauce	eve's pudding	
pear belle helene	egg custard		custard	manchester tart	custard	
stawberry ice cream			choc rice krispie cakes			
Tea	Tea	Tea	Tea	Tea	Tea	Tea
chicken and pasta	chicken burger in a	mexican pancakes	bacon and	roast turkey	bbq spare ribs	ham and cheese croissant
tomato bake	seeded bun	veg pancakes	macaroni cheese	chipolata sausage with gravy	in a bbq sauce	cheese croissant
pasta twists in a	ice berg lettuce,mayo	pork chops with	garden peas	mushroom envelope	savoury noodles	baked beans
provencial sauce	soup of the day	gravy	roast potatoes	julienne of carrot	savoury pastie	crinkle cut chips
saute potatoes	veg 1/4lb	macedoine of veg	macaroni cheese	creamed potatoes	mixed vegetables	
broccoli	stay crisp chips	fresh saute potatoes			creamed potatoes	
					noodles and veg	
tropical fruit flan	strawberry trifle	toffee filled doughnuts	choc fudge cake	apple pie & custard	medley of fruit with cream	vanilla ice cream

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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
cereals / porridge	cereals / porridge	cereals / porridge	cereals / porridge	cereals / porridge	cereals / porridge	
poached eggs	french toast	grilled bacon	potato smiles	american pancakes	grilled sausages	
tomatoes	grilled sausages	button mushrooms	fried egg	continental breakfast	fried bread	
hash brown nuggets	baked beans	scrambled egg	spaghetti hoops	warm crossaints	poached eggs	
Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	boiled eggs	Toast,jam,marmalade	
Tea,coffee,chocolate	Tea,Coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,jam,marmalade	Tea,coffee,chocolate	
				Tea,coffee,chocolate		
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch
soup of the day	soup of the day	soup of the day	soup of the day	soup of the day		
braised steak in a cracked black pepper creamy gravy	ham and pepperoni pizza	roast pork with sage & onion stuffing	minced beef, veg &	battered fish with tartare sauce	steak & onion pie & gravy	grilled bacon
roast turkey pie	margherita pizza	apple sauce	potatoes pie	golden tiddlers	chicken & pineapple	scrambled egg
chunky veg pie	with rocket & cherry tomatoes	gravy	gravy	spicy beef hot pot	egg fried rice	grilled tomatoes
sliced green beans	cottage pie	chicken tagliatelle	oriental chicken with noodles	veg & cheese topper	vegetable risotto	potato waffles
vichy carrots	garden peas	vegetable tagliatelle	sweet & sour sauce	macaroni cheese	pureed swede	
savoury herb diced potatoes	sauteed leeks	cauliflower au gratin	oriental vegetable noodles	new potatoes	battered cauliflower	
roast potatoes	cream potatoes	broccoli florets	new potatoes	mushy peas		
		macedoine of vegetables		chipped potatoes		
Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
sugar baked ham	cheddar puffs	tuna	hot roast lamb	wings of fire	tuna fish	roast turkey
	peppered roast beef			bbq spare ribs		
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
golden syrup sponge with custard	chocolate bakewell tart	choc cheesecake on a chocolate cookie	apple pie with custard	triple choc muffins	banana angel delight	cakes
tropical fruit salad with cream	with custard	raspberry sponge	mandarin segments in orange jelly	jam roly poly & custard	spotted richard & custard	
	strawberry ice cream	custard				
Tea	Tea	Tea	Tea	Tea	Tea	Tea
meatballs in	chicken korma	rossall burger	grilled sausages & onion gravy	lasagne	hot n spicy chicken drumstick	roast lamb with mint sauce
in a tomato sauce	prawn crackers	vegetable burger	tagliatelle in a tomato sauce	vegetable lasagne	with a sweet chilli sauce	gravy
spaghetti	boiled rice	baked beans	baton of carrots	warm garlic bread	sweetcorn	mixed vegetables
noisette potatoes	sweetcorn	stay crisp chips	creamed potatoes	courgettes in a tomato sauce	steak cut chips	roast potatoes
soup of the day	radiatori pasta		veggie sausage	new potatoes		vegetable & cheese
spaghetti neoplitan	in a tomato sauce					savoury slice
chocolate malteser cake	iced victoria sponge cake	white choc mousse	milk chocolate doughnut	strawberry pudding & custard	warm pancakes with lemon	jam tarts
	with a lemon filling				& vanilla ice cream	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
cereals / porridge	crossaints	cereals / porridge	cereals / porridge	cereals / porridge	cereals / porridge	
grilled bacon	american pancakes	hash browns	thick pork sausages	poached eggs	scrambled eggs	
fried egg	maple syrup	poached eggs	baked beans	tomatoes	mushrooms	
grilled tomatoes	continental breakfast	tomatoes	blackpudding	potato moons & stars	potatoes letters	
Toast,jam,marmalade	boiled eggs	fish kedgree	Toast,jam,marmalade	Toast,jam,marmalade	Toast,jam,marmalade	
Tea,Coffee,chocolate	Toast,jam,marmalade	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	Tea,coffee,chocolate	
	Tea,coffee,chocolate					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch
chilli beef stir fry	beef and carrots	spaghetti bolognaise	grilled pork steaks & apple sauce	jumbo pork sausages & creamy onion gravy	baked fish mornay	baked beans
egg noodles	garlic bread	parmesan cheese	meat & potato pie & gravy	steak	mushroom pillows	mini potato waffles
chicken pie	honey glazed roast	chicken hot pot	chinese style	caramalised peaches	peas	grilled gammon
oriental noodles	leg of lamb	vegetable hot pot	spring rolls	thai red chicken curry & garnishes	battered onion rings	grilled bacon
julienne of carrot & swede	gravy	broccoli florets	mediterranean vegetables	boiled rice	fresh saute potatoes	fried eggs
savoury cabbage	red onion,tomato & cheese omelette	pureed swede	sweetcorn	prawn crackers		
roast potatoes	whole green beans	croquette potatoes	new potatoes	vegetable curry		
	mediterranean vegetables			glazed sliced carrots		
	creamed potatoes			saute courgettes with garlic & black pepper		
				creamed potatoes		
Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
honey roast ham	bombay chicken drumsticks	hot roast turkey	roast beef	tuna	warm sausage rolls	chinese chicken drumsticks
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
white chocolate chip pudding	strawberry delight	golden syrup sponge & custard	apple crumble with cream	strawberry pudding & custard	jam roly poly & custard	jam tarts
banana flan	fudge pudding & custard	chocolate ice cream	bakewell tart with custard	mandarin orange cheesecake	warm sweet waffles	
					with sweet sauces & vanilla ice cream	
Tea	Tea	Tea	Tea	Tea	Tea	Tea
steak pie with a puff pastry crust	canneloni in a rich tomato sauce	sausage & onion turnover	soup of the day	chicken burger in a seeded bun	mexican meatballs	hot dogs with fried onions
lightly thickened gravy	beef madras with fried rice	gravy	tuna & pasta bake	indian topper	tomato sauce	veg sausage
penne in a tomato sauces	sweetcorn	cheese & onion turnover	vegetable pasta bake	crinkle cut chips	spaghetti	stay crisp chips
macedoine of vegetables	batille potatoes	spicy tagliatelle	garden peas		spaghetti milanaise	
creamy vegetable pie	veg canneloni	creamed potatoes	savoury herb dice		triangular garlic bread	
parsley potatoes		mixed vegetarian			soup of the day	
strawberry cream fingers	gingerbread men	crispy rice bars	warm chocolate pancakes & ice cream	chocolate butterfly cakes	medley of fruit with pouring cream	iced tea buns